



*We heal and inspire the human spirit.*

**To:** PCPs & Specialists  
**From:** IEHP  
**Date:** July 8, 2026  
**Subject:** Updated Health & Wellness Classes

- Home
- Eligibility
- Care Management
- Rosters
- Encounter
- Enhanced Care Management
- Pharmacy
- Claims Status
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- Referrals
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- Health & Wellness**
- Health Education Request**
- Health Appraisal Results
- Clinical Resources and Tools
- Reports

We have updated a few of our Health & Wellness classes (updated classes highlighted):

- Asthma
- Health Navigation
- Perinatal Health (returned)
- Diabetes (Type 2) (was Diabetes)
- Hypertension (was Healthy Heart)
- Stress Management
- Early Childhood (0-5)
- Obesity (was Weight Management)
- Tobacco Cessation

**Program Requesting**

Please select the topic(s) that the Member can benefit from learning at this time. To ensure Member's success, it is recommended that you select no more than 2 topics at a time.

<input type="checkbox"/> Asthma	<input type="checkbox"/> Diabetes (Type 2)	<input type="checkbox"/> Early Childhood (0-5 years)
<input type="checkbox"/> Health Navigation	<input type="checkbox"/> Hypertension	<input type="checkbox"/> Obesity
<input type="checkbox"/> Perinatal Health	<input type="checkbox"/> Stress Management	<input type="checkbox"/> Tobacco Cessation

As a reminder, referrals can be submitted via the Portal: Health & Wellness > Health Education Request

If you have any questions, please contact the IEHP Provider Call Center at (909) 890-2054, (866) 223-4347 or email [ProviderServices@iehp.org](mailto:ProviderServices@iehp.org)

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